

Tribal Technical Assistance under NTTAC

Tribal-Specific TA: Context & Approach

For Technical Assistance (TA) to create a genuine, lasting impact, it must shift from an outside intervention to an inside-out empowerment strategy. By centering lived experiences and resilience, TA fosters sustainable growth rooted in community history, context, and unique strengths. Resilience-Informed Coaching moves away from deficit-based models ("what is broken") to recognize inherent strengths, adaptations, and enduring capabilities. It acknowledges past trauma and systemic hurdles while focusing on strategies that allow communities to adapt, heal, and thrive.

Applying this philosophy within Indian Country requires a deeper approach due to unique historical dynamics. Tribal-specific TA recognizes that Tribal Nations are sovereign entities with distinct cultural, legal, and social landscapes. Mainstream, standard templates cannot simply be retrofitted.

Successful Tribal TA must be grounded in four foundational values:

- **Earned Trust & Relational Accountability:** Prioritizing the time needed to build authentic, long-term relationships over rushing transactional deliverables.
- **Cultural Humility:** Respecting and honoring traditional teachings, values, and community protocols.
- **Indigenous Resilience:** Honoring generations of strength, survival, and wisdom inherently possessed by Tribal communities.
- **Co-Creation:** Working alongside Tribal leaders and practitioners as equals, ensuring data and strategies are driven by the community, for the community.

Connect and Grow: Tribal Peer Practice Circle

Real growth doesn't happen in isolation—it happens in community. To foster these exact connections, share resources, and uplift one another's work, we invite you to join our Tribal Peer Practice Circle.

This is a dedicated space for Tribal practitioners and allies to gather, reflect, and engage in the resilience-informed discussions that move our communities forward.

When: The third Thursday of each month

Time: 2:00 PM – 3:00 PM ET

To Register Email: NTTAC@uconn.edu